



National AccessAbility Week 2026

May 31 - June 6

How to Walk and Roll



Choose your route

Walk around the block, to a nearby park, or even a lap or two around your school track or field.



Bring others

Go with family, friends, classmates, colleagues, or even take part on your own.



Reflect as you go

What makes your community accessible?
How could you help to remove barriers?

Scan to learn more



Keep it simple

Your walk doesn't have to be long. A few minutes is all it takes to participate.

[NAAW.ca](https://naaw.ca)



Neil Squire